

**H.O.P.E.**  
***Helping Other Parishioners Enthusiastically***

H.O.P.E. is an outreach program of St. Francis Xavier Parish established by the Women's Club for the purpose of providing assistance to parishioners in need of support such as:

- *transportation* to and from doctor appointments, church, the grocery store, and parish activities;
- the preparation and delivery of *meals* due to illness, hospitalization, a new birth, death of a family member, or other crisis situations;
- regular *visits to elders in our parish*, will be matched up with elders who would like a visit and/or some light help with household needs.

These services are provided to members of the St. Francis Xavier parish community by members of the parish. Volunteers are needed!

If you would be interested in *receiving* OR *providing* assistance in one of the above, please call the parish office at 847-256-4250, ext. 36 and leave a detailed message.

**The H.O.P.E. Committee**

Mary Beth Cummings, Tricia Gutekanst, Therese Heyek  
*The St. Francis Women's Club is grateful to you for your support and assistance in the ministry of this program.*

**Helping Hands for the Elderly –**  
**A New Extension of H.O.P.E.**

Help the elders in our parish with household tasks that don't require professional help. (Help hang a picture, get a box down from the closet, put up Christmas lights, organize a shelf, etc.)

Elders – if you would like help with something, call the HOPE line, 847-256-4250 ext. 36 and leave a message.

Parishioners – if you would like to be on the “call list” to help elder parishioners with tasks, please call the HOPE line and leave your name, phone number and e-mail address.

**There is HOPE when we help each other!**